

NOTES

Horizontal lines for notes

“If you have anything really valuable to contribute to the world it will come through the expression of your own personality, that single spark of divinity that sets you off and makes you different from every other living creature.”

Bruce Barton

Styles of Communication

EXERCISE

Complete the following assessment. In each line, put a 4 beside the word that is MOST like you, a 3 beside the word that like you, a 2 beside the word that is somewhat like you and a 1 beside the word that is LEAST like you.

DiSC® Assessment

- 1. ___ Determined ___ Convincing ___ Predictable ___ Cautious
2. ___ Strong-willed ___ Persuasive ___ Easy-going ___ Orderly
3. ___ Direct ___ Expressive ___ Kind ___ Analytical
4. ___ Bold ___ Sociable ___ Cooperative ___ Precise
5. ___ Outspoken ___ Animated ___ Patient ___ Logical
6. ___ Decisive ___ Talkative ___ Loyal ___ Controlled
7. ___ Daring ___ Outgoing ___ Agreeable ___ Careful
8. ___ Restless ___ Enthusiastic ___ Considerate ___ Thorough
9. ___ Competitive ___ Inspiring ___ Consistent ___ Detailed
10. ___ Aggressive ___ Playful ___ Satisfied ___ Accurate

Total:

Blank lines for total scores

Style:

Blank lines for style scores

NOTES

Horizontal lines for taking notes.

Styles of Communication

Behavioral Styles - DiSC®



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“To effectively communicate, we must realize that we are all different in the way we perceive the world and use this understanding as a guide to our communication with others.”

Anthony Robbins

Effective Communication in the Workplace